



NORWICH  
HIGH SCHOOL  
For Girls aged 3-18

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G D S T  
GIRLS' DAY SCHOOL TRUST



# Prep School and Nursery Parent Handbook

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## Welcome

Dear Parents,

As Head of Norwich High School for Girls, I would like to welcome you and your daughter to our school community. By joining us in the Prep School, your daughter will be able to make a secure start to her educational journey through the school. Not only will she build solid foundations in her academic learning, she will also be included in a warm, friendly community where she can flourish, both personally and socially.

I look forward to meeting you at one of the Prep School events and, in time, welcoming your daughter into the Senior School.

Alison Sefton  
Head of Norwich High School for Girls



Dear Parents,

I am delighted to have this opportunity to welcome you and your daughter as you join Norwich High School for Girls. In my role as Head of the Prep School, it is always a privilege to see our new girls make a positive start to their time at Norwich High. It is a joy to watch them thrive as they mature and grow in confidence through the years they are with us before they move into the Senior School.

Whatever stage your daughter is joining us, you can be assured of a warm welcome from both the girls and staff in the Prep School. On our website and in this booklet you will find an overview of how things work and answers to many of the questions you will have before starting with us.

We are a happy, vibrant learning community and I am sure you and your daughter will enjoy being part of the Norwich High Prep School family.

Susan Roberts  
Head of Norwich High Prep School and Nursery





## Our Values



### We put girls first

Our girls are known and valued as individuals.

Our girls benefit from the fact that everything is designed and developed to meet their educational and pastoral needs, so they can be their very best whilst here at school and beyond.



### We are ambitious for every girl

Our girls are intellectually curious, equipped to meet academic challenge and innovate.

They benefit from the opportunities of our pioneering curriculum.

### Our education is about more than exams

Our girls fulfil their potential.

They become outstanding scholars, sportswomen, musicians, actors and are inspired to explore a wide range of pursuits.



### Community matters to us

Our girls contribute to and benefit from the unique community fostered by staff and students.

They positively support the lives of others in the school and the wider community; they are outward looking and networked.



## Form Groups and Houses

We have different names for some of the year groups at Norwich High and the list below should help you navigate the classes in the Prep School.

### Early Years

Early Years encompasses the Nursery and Reception classes. Girls can join the school after their third birthday and depending on when they join some girls will have up to two years in Nursery. It is possible for parents to choose for their daughters to attend Nursery on a part time basis as long as they are in school for a minimum of six sessions or three days. Most parents tend to increase the number of sessions their daughter attends as she approaches Reception.

All girls start in Reception the September after they turn 4 years old and full time attendance is compulsory at this stage. Nursery and Reception share three indoor rooms which we call the Early Years Hub and an exciting outdoor space. They spend the majority of their time with their form teacher and teaching assistants so these staff become very familiar to them. Reception spend an increasing amount of time included in whole school routines and regularly attend assemblies and events with the older girls.

### Pre-Prep

Kindergarten (Year 1) and Lower 1 (Year 2) make up the Pre-Prep classes. There are usually one of each of these classes with new girls joining throughout the year. The girls spend the majority of the time with their form teacher and the teaching assistants assigned to Years 1 and 2, although they have specialist staff for subjects like Music, PE, French, Swimming and Forest Schools.



### Lower Prep

The Lower Prep classes are called Upper 1 (Year 3) and Lower 2 (Year 4). Depending on numbers there are usually one or two classes in each year group. The form teachers in each year will plan together to ensure the girls have the same learning experiences whichever class they are in. The girls are taught Maths, English, PSHE and Bespoke (Geography and History topics) by their form teacher as a minimum but most will also teach Science, STEM and RE to their classes. Specialist staff will teach Music, PE, Swimming, French, Art and Forest Schools to these year groups.

### Upper Prep

The Upper Prep classes are called Upper 2 (Year 5) and Lower 3 (Year 6) and there are usually two classes in each year group. Although these girls are still taught a minimum of Maths and English by their form teachers, they encounter an increasing number of staff, both other Prep teachers and specialist staff who teach them throughout the week. This helps to support academic rigour and provides a smooth transition to the Senior School.

### Houses

Each girl in the Prep School is allocated to one of four Houses:

**Cavell - yellow**

**Fry - red**

**Julian - blue**

**Martineau - green**

The girls collect house points for their academic work, courtesy and helpfulness. House events run throughout the year, such as sports competitions, charity events and activity days, giving opportunities for the younger girls to interact with those in the older year groups.

If you have a family connection with one of the houses, please let us know so we can allocate your daughter to the same one.

## The School Day

All girls arrive at school between 8:00am and 8:30am using one of the two entrances. Early Years, Years 1, 2, 4 and 6 arrive through the Newmarket Road entrance. Years 3 and 5 arrive through the Albemarle Road entrance.

The Early Years staff are in the playground to receive the girls as they arrive and are always available for a quick word if you need it. From Year 1 the girls go directly to their classrooms where they can unpack their belongings and prepare for the day. Members of the Prep leadership team greet the girls on both the Newmarket and Albemarle gates in the morning and are willing to help should you have a question or concern.

The Early Years girls play outside before registration and are often joined by girls in Years 1 and 2. From Year 3, the girls use the time before registration to do early morning activities in their classrooms or take part in learning support sessions.

The school day ends at different times for the different age groups and the girls are collected from the same door as they entered in the morning. They are brought to the exit by their form teachers and this is a good opportunity for a quick chat if you need it.

Early Years – 3:00pm  
Years 1 and 2 – 3:10pm  
Years 3 to 6 – 3:50pm

After school care is available from the end of the school day and there are a number of clubs which your daughter may be involved in once the school day has finished.



### Wraparound Care

Before school care is available from 7:30am until 8:00am in the Dining Hall at Eaton Grove for all girls. There is no charge for this service but your daughter will need a small amount of cash if she would like to purchase some breakfast from the options available.

Places do not need to be booked in advance and you can drop your daughter off any time between 7:30am and 8:00am with the member of staff on duty at the side door of the Eaton Grove Dining Hall. The girls are escorted to the Prep School at 8:00am.

After school care, known as Bishys, is available from the end of the school day for all year groups and does not need to be booked in advance, although it is helpful if you let your daughter's form teacher know if she is attending via a note in the planner.

Bishys is charged at £3.00 for each half an hour from 3:30pm for non siblings and from 4:00pm for girls waiting for a sibling. A sandwich and fruit tea is provided as part of the session at approximately 4:45pm. Depending on the weather, the girls play outside until tea time when they move to the Library and Languages room where they can eat, do their homework, play games and take part in art and craft activities until 6:00pm.

Your daughter should be collected from Bishys at the Newmarket Road entrance. If the girls are in the building, please phone the direct number for Bishys, 07708 666 902 which is posted on the door, and a member of staff will bring your daughter to you. Invoices are sent out each term.



## Absence

If your daughter is absent from school due to illness, please contact Mrs Howard on the Prep School reception desk before registration at 8:30am so the absence can be recorded correctly. Her direct line is 01603 351 896 or she can be contacted by email on [a.howard@nor.gdst.net](mailto:a.howard@nor.gdst.net).

Requests to take girls out of school during the school day are not encouraged but may be granted for an unavoidable situation such as an emergency medical appointment or music or speech exam. These absences should be communicated to Mrs Howard or your daughter's form teacher in advance of the date of absence.

We do not expect holidays to be taken in term time as extended periods of absence can have a detrimental effect on your daughter's learning and your support in this is greatly appreciated. If an extraordinary absence is unavoidable, a request should be made to Mrs Susan Roberts, Head of Prep School and Nursery, in writing with at least three days' notice. This is likely to be recorded as an unauthorised absence.

If your daughter arrives at school after registration or needs to be collected before the end of the day, you should come to the Albemarle entrance. Mrs Howard or another member of staff will ensure that your daughter is signed in or out of the premises. This is also the case if your daughter is collected by a peripatetic teacher for an individual music lesson as these are held in the Music School.



## Minibuses

Girls from Year 1 upwards are able to use our school minibuses to travel to and from school. We run a range of routes across Norfolk and Suffolk and places on a minibus must be booked in advance. If you would like more information about minibus routes please contact Mrs Jo Logan ([j.logan@nor.gdst.net](mailto:j.logan@nor.gdst.net)).

Girls who arrive at school in the morning on the minibus are escorted to the Prep School building by the driver. After school, a member of the Prep School staff gathers the minibus girls at a central meeting point before registering them and taking them to the Christchurch Road entrance to board their buses.



## After School Clubs

If your daughter is attending an after school club, she will be supervised after school and escorted to the club at no additional cost, even if her session does not begin until after 4:00pm. If you would like your daughter to attend Bishys after her club, just let her know or make a note in her planner and we will ensure she is booked in. You will be charged from the time she arrives rather than when the session starts.

All girls who have attended after school clubs are collected from the Albemarle Road entrance at the appropriate time and the club provider will ensure your daughter is handed over to you or booked into Bishys if she is not collected.

## Pastoral Care



Your daughter's form teacher will help her settle into life at Norwich High Prep School and is your first contact should you have any queries. However, **Miss Ali Brand**, the Deputy Head of the Prep School, is responsible for the pastoral care of the girls, keeps a close eye on their social and emotional development and will often help girls who need some extra support.

There are also several opportunities for older Prep girls to mentor, volunteer and provide support to others. Year 6 girls help out in the Early Years playground and run Chat Stop for younger girls at break time. Friendship buddies, elected across the school support in the playground with minor issues and peer mentors share their skills across their year group.

Core to our pastoral approach is our Believing in Butterflies initiative which consists of three strands that underpin all we do as a school community. These values are embedded in every interaction that takes place in school. As the girls embrace the three strands, they begin to be shaped as individuals, in the relationships that they have with each other and with the staff. Each strand has a set of values to which the whole school community aspires.





## Believing in Butterflies

### BELIEVING IN BUTTERFLIES



We know that little things matter and we take time to appreciate them.

We learn that we are little parts of a bigger community, but we are all important and have the potential to bring about change.

We know that little acts of kindness and compassion can make a difference to the lives of others.

### GROW A LITTLE EVERY DAY



We use every experience to grow, no matter how hard, and know that perseverance is the key to success.

We know that making mistakes is an important part of learning about ourselves.

We are confident to be ourselves and celebrate the differences between us.



### BE BOLD BE BRAVE AND SPREAD YOUR WINGS

We are committed to giving our best in all things, seizing every opportunity.

We challenge ourselves to step outside of our comfort zones to do new and exciting things.

We are proud of who we are – strong, independent women.

## Home/School Communication

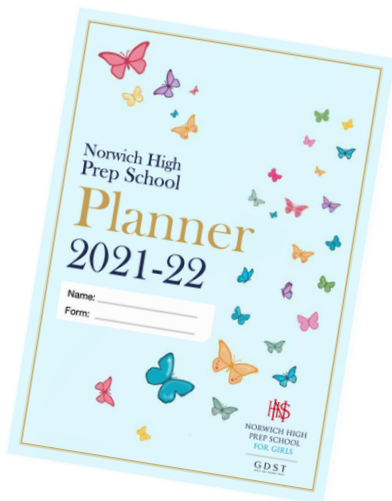
Communication is key and we try to ensure you have regular information about your daughter's progress and other aspects of her school life. There are also a number of ways you can communicate with us.

### Tapestry

In Early Years, your daughter will have a secure online profile through an app called Tapestry. This record of photographs, observations and comments on your daughter's development and achievements in Nursery and Reception is the ideal way for you to keep track of her progress and to enable you to talk to her about her day. We invite parents to get actively involved by 'liking' and commenting on our observations and also adding their own examples to this incredible record of their daughter's steps through the Foundation stage.

### Planners

Every girl in the Prep School has a planner in which she can note down her homework and reminders. The planners are seen regularly by the form teachers so can be used for day to day communications. At the back of the planner there are pages for your daughter to collect her housepoint stickers and the girls enjoy keeping track of their progress in this way.



### Social media

Our Twitter, Facebook, Instagram and LinkedIn accounts carry news stories to keep you up to date with what's happening in school, and you can see our forthcoming events including links to the school SOCS calendar on our website at: <https://www.norwichhigh.gdst.net/parents-hub/>

### Email Communications

At the beginning of the year you will be invited to join an information meeting about your daughter's coming year. At this meeting you will be given the email address of your daughter's form teacher which you are welcome to use if you would prefer to communicate with them by email. All of the staff email addresses follow the same format initial.surname@nor.gdst.net and you are welcome to contact any member of staff in this way.

Your daughter's form teacher will endeavour to reply to your email as soon as possible and will acknowledge your communication in a timely fashion, even if they are unable to respond in full straight away. Staff are encouraged to switch off from their school emails after 7:00pm in the evening and at weekends in order to help them maintain their work life balance so it may take longer to receive a response if you email at these times.

### SchoolPost

We send parent communications using a system called SchoolPost which allows us to directly email letters and news to you, keeping you up-to-date and informed about school events and trips, and reducing the likelihood of a letter being lost in your daughter's school bag. You will get access to your parent portal allowing you to view all the emails you have been sent in date order. Please email admin@nor.gdst.net if you do not receive emails in the first few weeks of term.

Each week in term time you will receive two regular communications from school, the weekly Norwich High newsletter from Miss Sefton and the weekly snapshot for your daughter's year group. The second is designed to give you some information about what your daughter has been learning at school during that week and what she will be moving onto in the week ahead. There are reminders of any events coming up and a list of dates for your diary, as well as messages from Mrs Roberts. Most parents find this the most useful way to keep up to date with what is going on at school.



## Our Approach to Learning

At Norwich High Prep, we believe it is important to help our girls become independent and resilient thinkers who approach learning with curiosity and enthusiasm. This will enable them to respond positively to the challenges and opportunities presented to them both now, in school, and later on in their future careers.

Learning is an active process in which the girls are encouraged to question, imagine, prioritise, invent, predict and look for alternatives. It shifts the focus of lessons away from purely assimilating facts to being about developing our girls' thinking, where gaining knowledge is only part of the process.

A culture of mistakes being opportunities for learning negates the fear of being 'wrong' and ensures our girls have a supportive environment in which to challenge themselves. Rather than let our girls sit on the fence, we challenge their natural reticence for risk taking and encourage them to step out of their comfort zones with their learning.

We want all our girls to know and understand the **Qualities for Learning** which we believe are the fundamental building blocks of character development.



These eight qualities are clearly displayed in the girls' books, underpin our lesson planning and are the focus of regular assemblies, so that everyone has the opportunity to explore what they mean and apply what they've learnt in the many different experiences that make up school life. Our aim is for the girls to become so familiar with the qualities that they can recognise situations where a particular quality is being used and can talk with confidence about their own development and progress with this attribute.

Developing this level of awareness of their strengths and weaknesses will help the girls take control over their own development and use the advice they are given to improve.

## Technology

From Year 1, your daughter will be given an iPad to use in school as part of her learning toolkit. The girls are taught how to use the device responsibly and as they move through the Prep School the work they do on their iPads supports and enriches their learning experience.



From Year 5, your daughter will be able to take her iPad home, having made a commitment to follow the school's Code of Conduct – an 'Acceptable Use Agreement' which states that they will be a responsible user and stay safe when using the internet and other digital technology. From this point your daughter will be responsible for charging her iPad at home and will be expected to arrive at school with her device fully charged for learning.



In Upper Prep, homework is increasingly set through the school's chosen platform, Google Classroom and this provides a smooth transition into the Senior School where Google Classroom is the main medium for all types of daily interactions with the students.

Your daughter should only bring a mobile phone or other personal devices to school if absolutely necessary. These should be handed in to her form teacher to be looked after during the school day and will be returned at home time. Smart watches can only be worn if the camera function is deactivated by a parent.

## Homework

We believe that it is important for our girls to have time to pursue their hobbies after school as well as enjoy some vital downtime. However, we also believe that there are benefits from our girls completing homework tasks as it helps them develop independent study habits at an early age and have further opportunities to both reinforce and extend their learning.

Right from the early stages of Nursery your daughter will be provided with reading books to enjoy at home. In addition, from Year 1 onwards, she will be expected to practise her spellings and tables regularly.



From Year 2 your daughter will be set further homework tasks usually of 20–25 minutes in length predominantly in the subjects of Mathematics, English and Bespoke topic work. These increase in number as your daughter progresses through the school and by Year 6 she will be receiving five pieces of homework per week.



Homework tasks are most commonly designed to reinforce learning that has taken place in the lesson and may be set using digital resources such as Google Classroom or Doodle Learning. Please support your daughter to do her homework by helping her set aside time to complete it and providing a quiet space for her to work in. If your daughter has any issues with her homework please contact her form teacher, who will be able to support her further.





Norwich High School  
For Girls

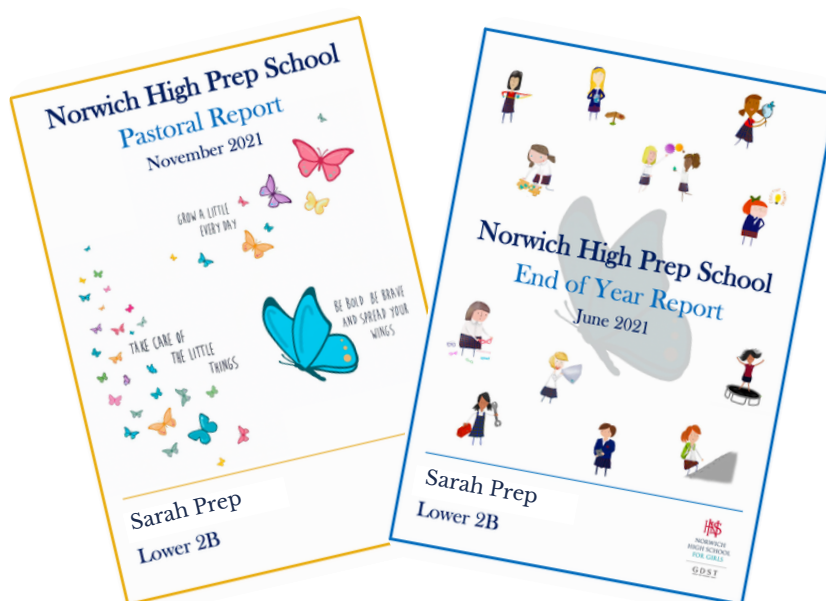


## Academic Progress

We closely monitor your daughter's academic progress as she moves through the school and there are regular opportunities for you to receive feedback from us.

The first of these is at a parents' evening in October when you are invited to have an in person or online appointment with your daughter's form teacher. This meeting has a mainly pastoral focus and is followed up with a written report in January. This consists of a written comment on her work in Maths and English alongside a Form Teacher comment. Further academic parents' evenings are held in March and a full written report is issued in June. In both of the written reports, Key Performance Indicators are included which allow you to see how your daughter is performing against an age related set of expectations in Maths and English.

It is our priority that your daughter enjoys every aspect of her life at school: please do not hesitate to contact us with any questions, concerns or change of circumstances at home which might have an impact on her happiness or progress at school.



## Parental support

It is of huge benefit when parents are actively involved in their daughter's daily school routine, whether it be helping organisationally, reading regularly with your daughter, checking on homework, or just ensuring she gets enough sleep to enjoy school life to the full. You can:

- Read the weekly snapshot and keep an eye on your daughter's planner for reminders about upcoming dates and equipment that might be needed.
- Develop your daughter's confidence and independence by involving her in the preparation for the day ahead. Encouraging her to pack her own bag each day and take responsibility for remembering items such as her swimming kit or instrument will help her develop the organisational skills she will need in the Senior School.
- Establish a suitably quiet and focused environment for your daughter to work in at home where she will not be disturbed or distracted when she wants to get her school work done.
- Make sure that IT devices are used appropriately. We strongly recommend an evening cut-off for screen time and a central charging point so that no devices are taken up to bedrooms at night.
- Be there to act as a sounding board for ideas, or as a willing audience for answers or problems she wishes to share.
- Let her form teacher know if you have any problems or concerns. It is always better to sort out something before it becomes a bigger issue.

## Music and Sport

### Music Lessons

We believe it is important for our girls to have the opportunity to enjoy music, whether that be through listening to or creating their own music.

Singing forms a major part of the lessons for all year groups and there are regular opportunities to perform the pieces they have learnt through the class assemblies, productions and concerts.



### Learning an Instrument

To introduce the younger girls to the pleasure of learning a classical instrument, pupils in Year 2 have a weekly class string lesson where they learn to play violins provided by the school.



A significant number of girls across the Prep school from Year 2 through to Year 6 benefit from individual instrumental lessons within school. Peripatetic teachers take Prep pupils to the Music School on site for their weekly individual music lessons. These cover a wide range of instruments from strings to brass, woodwind to percussion and, of course, include singing and piano.

These lessons are arranged on a rota so girls do not miss too many of the same lesson and Maths and English lessons are avoided whenever possible.

### Sports Lessons

In Early Years the girls have two sports lessons a week. One session is a PE lesson used to develop skills such as balance and hand eye co-ordination through different games and activities and the other is their swimming lesson.

In the Pre-Prep this increases to two or three sessions a week, where the girls begin to learn the skills associated with the different sports they will learn in the coming years.



From Year 3 the girls have three sports sessions each week, a PE lesson, a swimming lesson and a games afternoon.

The girls learn hockey, netball and cricket as their main sports but also cover sports such as gymnastics, football, tennis and athletics.

In Nursery the girls just change their shoes for their PE lesson but from Reception the girls wear their PE kit to school on the days they have PE or games.

Fixtures with other schools are arranged from Year 3 and become a regular feature of the week by the time the girls reach Year 6. We welcome parents to attend fixtures and the girls enjoy having supporters from home. They also participate in tournaments further afield which are arranged by IAPS or the GDST.





## Beyond the Classroom

### Clubs and Activities

Information about the clubs and activities on offer each term are sent home via SchoolPost. Clubs run at lunchtimes and after school and are available to a wide range of year groups. Internally run clubs are free and you are able to book a place for your daughter by replying to the SchoolPost message. Clubs run by external providers carry an additional charge and you should email the provider directly to book a place for your daughter using the address provided.

We aim to provide as much choice as possible to enrich the girls' experience through our clubs offer. Music and sports clubs are plentiful and are run alongside a range of other activities such as photography, circus skills and Forest Schools which might be of interest. A particular favourite is our Rainbow and Brownie pack which is run by members of the Prep School staff.



### Trips and Expeditions

Each year group will have at least one curriculum based day trip during the academic year. In addition Years 3, 4, 5 and 6 have residential visits in Norfolk and further afield.

As well as contributing to local events, being part of the GSDT allows us to join with other girls across the country for events, competitions and experiences.

Trips are charged as an additional cost and for residential visits there is usually the option to pay in instalments.



### Lunch and Snacks

All girls have school lunch provided which is added to the fees bill. Lunch is freshly prepared every day, and all girls from Nursery to Year 6 eat in the main school Dining Room. A choice of meals is available each day and there is always a vegetarian alternative. Special dietary requirements are catered for including dairy free, gluten free and vegan options and girls wear lanyards to indicate specific requirements.

The catering team get to know the girls and their preferences and are just as willing to serve a taster of a new dish to try as they are to supply a second helping. Please get in touch if you wish to discuss your daughter's requirements further.

Your daughter is able to bring her own healthy break time snack to school from the second term in Reception. Alternatively she can purchase snack shack vouchers from the Albemarle Reception at a cost of sixty or eighty pence each to be able to choose her own snack. All girls are required to have a water bottle.



## Parent Events

There are a number of opportunities for you to come into school throughout the year.

### Parent Gatherings

At the beginning of the year each year group holds a parent information meeting to give you an opportunity to find out more about the year group your daughter is joining. On one evening in the following week you will be invited into school for an informal parents' reception. This is a chance for you to meet your daughter's form teacher and other staff in person and get to know some of the other parents in your daughter's year group.

Throughout the year we also hold 'Parents as Partners' seminars on a variety of topics, ranging from developing your daughter's resilience to helping her with her Maths learning. These are held each half term beginning at 8:30am and have proved a useful way to support parents. A recording of the seminar and the slides are sent out to all parents after the event.

### Assemblies and Productions

Your daughter will be involved in a class assembly and production at some point in the year and you will be invited into school to see her perform. These are also recorded and a link is sent out.



Each Friday we also have an open invitation for parents to join our weekly celebration assembly where we share the girls' learning and recognise their achievements.

### Parent lanyards

All parents are issued with lanyards which are to be worn whenever you are on site – for example, when attending parent meetings and sports fixtures.

### Prizegivings

Each term we hold a Prizegiving assembly to award housepoint certificates gained so far and recognise progress in other areas of the curriculum. The Autumn and Spring term Prizegivings are live streamed and you will be sent a link in advance. The Summer term Prizegiving is an in person event, held in Eaton Grove Hall which you are welcome to attend. You will be notified in advance if your daughter is to receive a prize at this event.



### Sports and Music Events

There are a number of sporting and musical events that take place throughout the year which you are welcome to attend. All the girls are involved in a concert during the Spring term and there are smaller coffee concerts at other times.



Parents are invited to support their daughter at sporting fixtures if they wish and will be able to enjoy Sports Day with their daughters at the end of the Summer term.





## Uniform and Equipment – Nursery

All of our branded uniform is obtainable from the website [Schoolblazer.com](https://www.schoolblazer.com)

Second-hand uniform can also be purchased from the NHSA-run store next to the Christchurch Road courts and is a good starting point before going online. The opening hours are 3pm to 4.30pm every Thursday in term time, and 9am to 10.30am on the first Saturday of each month.

### Essential items

Outdoor coat: Regulation navy crested with red logo

Small school rucksack – regulation navy with red logo

Smock: Regulation green

Wellington boots for outdoor wear (any colour)

White velcro fastening plimsolls for indoor wear (to be kept at school)

Hat: Regulation navy with red logo

Gloves and scarf: Navy

Named water bottle

### Winter uniform

Polo shirt: Regulation red long or short sleeved polo shirt with logo

Sweatshirt: Regulation navy crested with red logo (old sweatshirts with Norwich High Infants embroidered on the back are not part of the uniform and should not be worn)

Jogging bottoms: Navy

Trainers: Mainly dark coloured with velcro fastening

Socks: Navy ankle socks plain

### Summer uniform

Dress: Regulation style green and white print

Cardigan: Navy with logo with two bottle green stripes round the neck

Shoes: Flat black leather with velcro fastening (no boots please)

Socks: White ankle socks plain

Sunhat: Regulation white with navy logo

### For those attending Nursery on a Swimming day

Swimming costume: Navy

Swimming hat: Regulation red with logo

Towel: Own choice, named

PE/Swim bag: Navy drawstring with logo

### For those attending Nursery on a Forest Schools day

Bib and braces: Regulation red

### Other equipment

Ribbons/hair bands: Navy or red plain (long hair should be tied back)

Optional green scrunchie available to go with summer dress

All snacks and items of stationery are provided for Nursery girls

Sports kit is not required until Reception



Winter Uniform



Summer Uniform



Forest Schools



## Uniform and Equipment – Reception to Year 2

### Essential items

Outdoor coat: Regulation navy crested with red logo  
Small or large school rucksack – regulation navy with red logo  
Smock: Regulation green  
Bib and braces: Regulation red for Forest Schools  
Wellington boots for Forest Schools (any colour)  
Velcro fastening white plimsolls for indoor wear (Reception only)  
Hat: Regulation navy with red logo  
Gloves and scarf: Navy  
Named water bottle

### Winter uniform

Blazer: Regulation navy with logo  
Tunic: Regulation tartan  
Red long sleeved or short sleeved polo shirt with logo  
Cardigan or jumper: Regulation navy with two bottle green stripes  
Shoes: Flat black leather with velcro fastening (no boots please)  
Socks/tights: Navy tights or navy knee high socks  
Navy Trousers (optional): To be purchased from Schoolblazer.com

### Summer uniform

Blazer: Regulation navy with logo  
Dress: Regulation style green and white print  
Cardigan or jumper: Regulation navy with two bottle green stripes  
Shoes: Flat black leather with velcro fastening (no boots please)  
Socks: White ankle socks plain  
Sunhat: Regulation white with navy logo

### Sports Kit

Red crested midlayer jumper with logo  
Red crested sports polo with logo  
Navy/Red crested Skort  
Regulation navy crested tracksuit bottoms  
PE socks: White sports socks  
Navy base layer top (optional)  
Navy base layer leggings (optional)  
Trainers (please note: these do not need to be white)  
Swimming costume: Navy plus named towel  
Swimming hat: Red (before test) or White (after successful test)  
Swimming bag: Navy drawstring with logo  
Sports bag: Regulation NHS sports bag for PE kit

### Other equipment

Ribbons/hair bands: Navy or red plain (long hair should be tied back)  
Optional green scrunchie available to go with summer dress  
Headphones (from Year 1)  
Most items of stationery are provided for Pre-Prep girls

The wearing of earrings is discouraged in school but if they have to be worn, only small round gold or silver studs are permitted.



Winter Uniform



Summer Uniform



Sports Kit

## Uniform and Equipment – Year 3 to Year 6

### Essential items

Outdoor coat: Regulation navy crested with red logo  
Large school rucksack – regulation navy with red logo  
Lab coat: Regulation green  
Wellington boots for Forest Schools (Years 3 and 4 only)  
Hat: Regulation navy with red logo  
Gloves and scarf: Navy  
Named Water bottle  
Headphones: preferably the over-ear type  
Stationery equipment

### Winter uniform

Blazer: Regulation navy with logo  
Kilt: Regulation tartan  
Blouse: White, long sleeved, revere open-neck blouse  
Cardigan or jumper: Regulation navy with two bottle green stripes  
Shoes: Flat black leather (no boots please)  
Socks/tights: Navy tights or navy knee high socks  
Navy Trousers (optional): To be purchased from Schoolblazer.com

### Summer uniform

Dress: Regulation style green and white print  
Cardigan or jumper: Regulation navy with two bottle green stripes  
Shoes: Flat black leather (no boots please)  
Socks: White ankle socks plain  
Sunhat: Regulation white with navy logo

### Sports Kit

Red crested midlayer jumper with logo  
Red crested sports polo with logo  
Navy/Red crested Skort  
Regulation navy crested tracksuit bottoms  
PE socks: White ankle socks  
Games socks: Red hockey socks with NHS logo  
Navy base layer top (optional)  
Navy base layer leggings (optional)  
Trainers (please note: these do not need to be white)  
Astro hockey trainers (optional)  
Shin pads: Own choice, named  
Mouthguard: Own choice, in a named case  
Swimming costume: Navy plus named towel  
Swimming hat: Red (before test) or White (after successful test).  
Swimming bag: Navy drawstring with logo  
Sports bag: Regulation NHS sports bag for PE kit

### Other equipment

Ribbons/hair bands: Navy or red plain (long hair should be tied back)  
A4 plastic folder in which to transport homework sheets and reading book to and from school  
The wearing of earrings is discouraged in school but if they have to be worn, only small round gold or silver studs are permitted.



Winter Uniform



Summer Uniform



Sports Kit



## Prep School Pets



We have several school pets in the Prep School including our guinea pigs Pepsi, Cinnamon and Vanilla.

Our pets help the girls learn how to look after animals but are also a valuable aspect of our pastoral care. Spending time with animals can be very helpful for those who are struggling with a pastoral issue or are worried about something at home.

The girls are only able to interact with our pets under the supervision of an adult to ensure that both the girls and the animals are safe and cared for. A full risk assessment is in place for handling the animals and we are aware of girls who have allergies to pet hair.

There is no requirement or obligation for your daughter to have contact with our pets, should she not wish to.

## Norwich High School Association (NHSA)



Our parents' association organises social, educational and fundraising events throughout the year. We hope you will find something of interest and enjoy supporting many of its functions. You will be notified of these through the school, usually by email. You can see more of what our NHSA does by visiting our website at: <https://www.norwichhigh.gdst.net/school-life/norwich-high-school-parent-association/>





- |                                    |                                  |
|------------------------------------|----------------------------------|
| 1. Eaton Grove Entrance/ Reception | 7. Lanchester House – Sixth Form |
| 2. Eaton Grove Hall/ Dining Hall   | 8. Music School                  |
| 3. Science Block                   | 9. Fitness Suite                 |
| 4. Churchman Centre                | 10. Stafford House – Prep School |
| 5. DBS – Drama                     | 11. Outdoor Theatre              |
| 6. Sports Hall                     | 12. Dingly Dell                  |

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*Made by Girls*