

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Goats' Cheese, Cherry Tomato and Onion Chutney Puff	TEX MEX SPECIAL Beef Chilli and Hot Dog	Roast Chicken and Yorkshire Pudding	Minced Steak Pie	Steamed Fish with Minty Mushy Peas or Chicken Nuggets (Gluten free available)
Vegetarian Main Course	Gnocchi with Spinach and Garlic Sauce (Vegan)	"Quorn" Chilli and Vegan Hotdog (v)	Quiche of The Day (v)	Cheese and Broccoli Pasta (v)	Vegan "Quorn" Nugget (v)
Accompaniments	<i>Sauté Potatoes and Vegetables</i>	<i>Spiced Wedges and a selection of Vegetables</i>	<i>Roast Potatoes and a selection of vegetables</i>	<i>New Potatoes and a Selection of Vegetables</i>	<i>Chips, Garden Peas and Baked Beans</i>
Homemade Pasta Dish of the Day	Homemade Pasta Dish of the Day	Homemade Pasta Dish of the Day	Homemade Pasta Dish of the Day	Homemade Pasta Dish of the Day	Homemade Pasta Dish of the Day
Baked Jacket Potatoes with Baked Beans, Tuna or Cheese Fillings(GF)	Baked Jacket Potatoes with Baked Beans, Tuna or Cheese Fillings (GF)	Baked Jacket Potatoes with Baked Beans, Tuna or Cheese Fillings (GF)	Baked Jacket Potatoes with Baked Beans, Tuna or Cheese Fillings (GF)	Baked Jacket Potatoes with Baked Beans, Tuna or Cheese Fillings (GF)	Baked Jacket Potatoes with Baked Beans, Tuna or Cheese Fillings (GF)
SALAD BAR A Selection of meats Cheeses and Composite Salads	SALAD BAR A Selection of meats Cheeses and Composite Salads	SALAD BAR A Selection of meats Cheeses and Composite Salads	SALAD BAR A Selection of meats Cheeses and Composite Salads	SALAD BAR A Selection of meats Cheeses and Composite Salads	SALAD BAR A Selection of meats Cheeses and Composite Salads
Freshly Prepared Sandwiches and Baguettes(Gluten free option available)	Freshly Prepared Sandwiches and Baguettes(Gluten free option available)	Freshly Prepared Sandwiches and Baguettes(Gluten free option available)	Freshly Prepared Sandwiches and Baguettes(Gluten free option available)	Freshly Prepared Sandwiches and Baguettes(Gluten free option available)	Freshly Prepared Sandwiches and Baguettes(Gluten free option available)
Something Sweet A selection of Desserts	Something Sweet A selection of Desserts	Something Sweet A selection of Desserts	Something Sweet A selection of Desserts	Something Sweet A selection of Desserts	Something Sweet A selection of Desserts

Week commencing – 18/9, 16/10, 27/11- 2023