

| WEEK 4 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| Main Course | Macaroni Cheese (V) GF Available | Spicy BBQ Chicken Thighs | Carvery Roast Gammon | Cottage Pie | Cod Fishcakes or Chicken Nuggets (Gluten free available) |
| Vegetarian Main Course | Roasted Butternut Squash, Garlic and Rosemary Risotto (Vegan) | Southern Fried "Quorn" Escalope (V) | Cauliflower Cheese (v) | Lentil and Vegetable Cottage Pie (Vegan) | Sweet Chilli Tempura Fried Vegetables (Vegan) |
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| Accompaniments | <i>Parsley Potatoes and Vegetables</i> | <i>Croquette Potatoes and a selection of Vegetables</i> | <i>Roast Potatoes and a selection of vegetables</i> | <i>Creamed Potatoes and a Selection of Vegetables</i> | <i>Chips, Garden Peas and Baked Beans</i> |
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| Homemade Pasta Dish of the Day | Homemade Pasta Dish of the Day | Homemade Pasta Dish of the Day | Homemade Pasta Dish of the Day | Homemade Pasta Dish of the Day | Homemade Pasta Dish of the Day |
| Baked Jacket Potatoes with Baked Beans, Tuna or Cheese Fillings (GF) | Baked Jacket Potatoes with Baked Beans, Tuna or Cheese Fillings (GF) | Baked Jacket Potatoes with Baked Beans, Tuna or Cheese Fillings (GF) | Baked Jacket Potatoes with Baked Beans, Tuna or Cheese Fillings (GF) | Baked Jacket Potatoes with Baked Beans, Tuna or Cheese Fillings (GF) | Baked Jacket Potatoes with Baked Beans, Tuna or Cheese Fillings (GF) |
| SALAD BAR A Selection of meats Cheeses and Composite Salads | SALAD BAR A Selection of meats Cheeses and Composite Salads | SALAD BAR A Selection of meats Cheeses and Composite Salads | SALAD BAR A Selection of meats Cheeses and Composite Salads | SALAD BAR A Selection of meats Cheeses and Composite Salads | SALAD BAR A Selection of meats Cheeses and Composite Salads |
| Freshly Prepared Sandwiches and Baguettes (Gluten free option available) | Freshly Prepared Sandwiches and Baguettes (Gluten free option available) | Freshly Prepared Sandwiches and Baguettes (Gluten free option available) | Freshly Prepared Sandwiches and Baguettes (Gluten free option available) | Freshly Prepared Sandwiches and Baguettes (Gluten free option available) | Freshly Prepared Sandwiches and Baguettes (Gluten free option available) |
| Something Sweet A selection of Desserts | Something Sweet A selection of Desserts | Something Sweet A selection of Desserts | Something Sweet A selection of Desserts | Something Sweet A selection of Desserts | Something Sweet A selection of Desserts |

Week commencing – 22/1, 26/2, 25/3. 2024