WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Chicken Tikka Masala	Spaghetti Carbonara	Italian Buffet Meatball Bolognese	Chicken Katsu Curry	Fish Cakes(Gluten free option available) Or Fish Fingers
Vegetarian Main Course	Aubergine and Chickpea Tikka (GF)	Vegan Carbonara	Tomato Bruschetta Or Cheese Tortellini	"Quorn" Katsu Curry	Bean Burgers
Vegan Dish of	Vegan Dish of	Vegan Dish of	Vegan Dish of	Vegan Dish of	Vegan Dish of
the Day	the Day	the Day	the Day	the Day	the Day
Accompaniments	Rice and Vegetables	Pasta and a selection of Vegetables	Pasta and Vegetables	Rice and Vegetables	Chips, Garden Peas and Baked Beans
Homemade Soup (GF)	Homemade Soup (GF)	Homemade Soup (GF)	Homemade Soup (GF)	Homemade Soup (GF)	Homemade Soup (GF)
Served with a Bread	(vegan)	(vegan)	(vegan)	(vegan)	(vegan)
Roll(Gluten free option	Served with a Bread	Served with a Bread	Served with a Bread	Served with a Bread	Served with a Bread
available)	Roll(Gluten free option	Roll(Gluten free option	Roll(Gluten free option	Roll(Gluten free option	Roll(Gluten free option
	available)	available)	available)	available)	available)
Fresh Pasta Sauce	Fresh Pasta Sauce (vegan)	Fresh Pasta Sauce (vegan)	Fresh Pasta Sauce (vegan)	Fresh Pasta Sauce (vegan)	Fresh Pasta Sauce (vegan)
Served with White or	Served with White or	Served with White or	Served with White or	Served with White or	Served with White or
Wholemeal Pasta(Gluten	Wholemeal Pasta(Gluten	Wholemeal Pasta(Gluten	Wholemeal Pasta(Gluten	Wholemeal Pasta(Gluten	Wholemeal Pasta(Gluten
free option available)	free option available)	free option available)	free option available)	free option available)	free option available)
Baked Jacket Potatoes	Baked Jacket Potatoes	Baked Jacket Potatoes	Baked Jacket Potatoes	Baked Jacket Potatoes	Baked Jacket Potatoes
with Baked Beans, Tuna or	with Baked Beans, Tuna or	with Baked Beans, Tuna or	with Baked Beans, Tuna or	with Baked Beans, Tuna or	with Baked Beans, Tuna or
Cheese Fillings(GF)	Cheese Fillings(GF)	Cheese Fillings(GF)	Cheese Fillings(GF)	Cheese Fillings(GF)	Cheese Fillings(GF)
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
A selection of Salads	A selection of Salads	A selection of Salads	A selection of Salads	A selection of Salads	A selection of Salads
Cheese and Proteins	Cheese and Proteins	Cheese and Proteins	Cheese and Proteins	Cheese and Proteins	Cheese and Proteins
Freshly Prepared	Freshly Prepared	Freshly Prepared	Freshly Prepared	Freshly Prepared	Freshly Prepared
Sandwiches and	Sandwiches and	Sandwiches and	Sandwiches and	Sandwiches and	Sandwiches and
Baguettes(Gluten free	Baguettes(Gluten free	Baguettes(Gluten free	Baguettes(Gluten free	Baguettes(Gluten free	Baguettes(Gluten free
option available)	option available)	option available)	option available)	option available)	option available)
Something Sweet	Something Sweet	Something Sweet	Something Sweet	Something Sweet	Something Sweet