

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Macaroni Cheese	5 Spice Melting Brisket and Fried Rice	Roast Loin of Pork with Apple Sauce	“Noodle Box” Fried Rice or Noodles with Meat Toppings	“Hog Roast” Sticks (Gluten free option available)
Vegetarian Main Course	Gnocchi Pesto	Satay Style Tofu and Fried Rice	Quiche of the Day (v)	and Vegetarian Toppings with Vegetable Spring Roll	BBQ Jackfruit Sticks Or Cheese Ravioli
Vegan Dish of the Day	Vegan Dish of the Day	Vegan Dish of the Day	Vegan Dish of the Day	Vegan Dish of the Day	Vegan Dish of the Day
Accompaniments	<i>Garlic Potatoes and Vegetables</i>	<i>Rice and selection of Vegetables</i>	<i>Roast Potatoes and Vegetables</i>	<i>Prawn Crackers and Vegetables</i>	<i>Chips, Garden Peas and Baked Beans</i>
Homemade Soup (GF) Served with a Bread Roll (Gluten free option available)	Homemade Soup (GF) (vegan) Served with a Bread Roll(Gluten free option available)	Homemade Soup (GF) (vegan) Served with a Bread Roll(Gluten free option available)	Homemade Soup (GF) (vegan) Served with a Bread Roll(Gluten free option available)	Homemade Soup (GF) (vegan) Served with a Bread Roll(Gluten free option available)	Homemade Soup (GF) (vegan) Served with a Bread Roll(Gluten free option available)
Fresh Pasta Sauce <i>Served with White or Wholemeal Pasta</i> (Gluten free option available)	Fresh Pasta Sauce (vegan) <i>Served with White or Wholemeal Pasta</i> (Gluten free option available)	Fresh Pasta Sauce (vegan) <i>Served with White or Wholemeal Pasta</i> (Gluten free option available)	Fresh Pasta Sauce (vegan) <i>Served with White or Wholemeal Pasta</i> (Gluten free option available)	Fresh Pasta Sauce (vegan) <i>Served with White or Wholemeal Pasta</i> (Gluten free option available)	Fresh Pasta Sauce (vegan) <i>Served with White or Wholemeal Pasta</i> (Gluten free option available)
Baked Jacket Potatoes <i>with Baked Beans, Tuna or Cheese Fillings</i> (GF)	Baked Jacket Potatoes <i>with Baked Beans, Tuna or Cheese Fillings</i> (GF)	Baked Jacket Potatoes <i>with Baked Beans, Tuna or Cheese Fillings</i> (GF)	Baked Jacket Potatoes <i>with Baked Beans, Tuna or Cheese Fillings</i> (GF)	Baked Jacket Potatoes <i>with Baked Beans, Tuna or Cheese Fillings</i> (GF)	Baked Jacket Potatoes <i>with Baked Beans, Tuna or Cheese Fillings</i> (GF)
Salad Bar A selection of Salads Cheese and Proteins	Salad Bar A selection of Salads Cheese and Proteins	Salad Bar A selection of Salads Cheese and Proteins	Salad Bar A selection of Salads Cheese and Proteins	Salad Bar A selection of Salads Cheese and Proteins	Salad Bar A selection of Salads Cheese and Proteins
Freshly Prepared Sandwiches and Baguettes (Gluten free option available)	Freshly Prepared Sandwiches and Baguettes (Gluten free option available)	Freshly Prepared Sandwiches and Baguettes (Gluten free option available)	Freshly Prepared Sandwiches and Baguettes (Gluten free option available)	Freshly Prepared Sandwiches and Baguettes (Gluten free option available)	Freshly Prepared Sandwiches and Baguettes (Gluten free option available)
Something Sweet	Something Sweet	Something Sweet	Something Sweet	Something Sweet	Something Sweet

Week commencing – 27/1, 3/3, 31/3.. 2025